



# PENTECOST SUNDAY

Vineyard Canada Online Gathering - May, 31, 2020



vineyardcreative

## VISIO DIVINA COLOURING PAGES

**Visio Divina** or “sacred seeing” is the practice of prayerfully inviting God to speak to our hearts as we look at an image.

On this Pentecost Sunday, we join with the global Christian church throughout the centuries to reflect on the Holy Spirit’s arrival to the early followers of Jesus, as depicted in Acts 2.

Throughout the Scriptures many different images are used to represent the Holy Spirit. These colouring pages represent four of these images:



DOVE



FIRE



WATER



BREATH

As you take time to colour or contemplate the images, allow yourself to enter into a dialogue with God, asking for a deeper revelation of the character of the Spirit revealed in each image, and inviting a personal encounter with this particular revelation.

### Prayer of Intent

*Come, Holy Spirit.*

*May I encounter You as I reflect on these images.*

*Help me to respond to your leading.*

### How to engage with these pages:

- Choose one of the four Visio Divina colouring pages.
- Notice the image of the Spirit that is being portrayed in this picture.
- Begin to engage your imagination while interacting with the image:
  - Can you think of any stories or verses in the Bible where this image is used?
  - What does this image reveal about the nature of the Spirit?
  - How might the Spirit be inviting you to experience more of this in your life today?
  - What emotions do you notice, and how may the Spirit be speaking to you in those emotions?
  - Is there any particular element in this image that you feel particularly drawn to? Why?
  - What colours are you drawn to as you colour this page? Why?
- Spend some time talking with God about what you have noticed.
  - Is there anything the Spirit wants to highlight?
  - What do you feel the Spirit is inviting you to? How can you respond to this invitation?







